

LUNEDÌ MONDAY	MARTEDÌ TUESDAY	MERCOLEDÌ WEDNESDAY	GIOVEDÌ THURSDAY	VENERDÌ FRIDAY	SABATO SATURDAY
8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15
<b>RITUALI DEL BUON RISVEGLIO</b> RITUALS OF GOOD AWAKENING	<b>RITUALI DEL BUON RISVEGLIO</b> RITUALS OF GOOD AWAKENING	<b>RITUALI DEL BUON RISVEGLIO</b> RITUALS OF GOOD AWAKENING	<b>RITUALI DEL BUON RISVEGLIO</b> RITUALS OF GOOD AWAKENING	<b>RITUALI DEL BUON RISVEGLIO</b> RITUALS OF GOOD AWAKENING	<b>RITUALI DEL BUON RISVEGLIO</b> RITUALS OF GOOD AWAKENING
9:30 - 10:30	9:30 - 10:30	9:30 - 10:30	9:30 - 10:30	9:30 - 10:30	9:30 - 10:30
<b>INFO POINT</b>	<b>INFO POINT</b>	<b>INFO POINT</b>	<b>INFO POINT</b>	<b>INFO POINT</b>	<b>INFO POINT</b>
10:30 - 12:30	10:30 - 12:30	10:30 - 12:30	10:30 - 12:30	10:30 - 12:30	10:00 - 12:30
<b>PASSEGGIATA DISCOVERY ALAGNA</b> DISCOVERY WALK IN THE VILLAGE	<b>PASSEGGIATA DISCOVERY ALAGNA</b> DISCOVERY WALK IN THE VILLAGE	<b>PASSEGGIATA DISCOVERY ALAGNA</b> DISCOVERY WALK IN THE VILLAGE	<b>PASSEGGIATA DISCOVERY ALAGNA</b> DISCOVERY WALK IN THE VILLAGE	<b>PASSEGGIATA DISCOVERY ALAGNA</b> DISCOVERY WALK IN THE VILLAGE	<b>SCOPRI LE FRAZIONI DI ALAGNA /DISCOVER ALAGNA'S HAMLETS</b>
16:00 - 17:00	15:15 - 16:00	16:00 - 17:00	16:00 - 17:00	16:00 - 17:00	15:00 - 16:00
<b>PASSEGGIATA NEL BOSCO CON DISEGNO PER BAMBINI</b> WOODLAND WALK WITH DRAWING FOR CHILDREN	<b>ACQUA GYM</b> 16:00 - 17:00 <b>ARTE E NATURA PER I BAMBINI</b> ART AND NATURE FOR CHILDREN	<b>LABORATORIO DI TEATRO E YOGA PER BAMBINI</b> KIDS THEATRE AND YOGA WORKSHOP 17:00 - 18:00	<b>ARTE E NATURA PER BAMBINI</b> ART & NATURE FOR KIDS 17:00 - 18:00	<b>ARTE E NATURA E LANCIO AQUILONI</b> ART & NATURE AND KITE LAUNCHING 17:00 - 18:00	<b>VISITA AL MUSEO DI ALAGNA</b> VISIT TO THE ALAGNA MUSEUM 16:00 - 17:00 <b>ARTE E NATURA E LANCIO AQUILONI</b> ART & NATURE AND KITE LAUNCHING
17:00 - 18:00	17:00 - 18:00	<b>YOGA RESTORATIVA (MEDITAZIONE E CAMPANE TIBETANE)</b> RESTORATIVE YOGA (MEDITATION AND TIBETAN BELLS)	<b>YOGA RESTORATIVA (STRETCHING &amp; RELAXING)</b> RESTORATIVE YOGA (STRETCHING & RELAXING)	<b>YOGA RESTORATIVA (STRETCHING &amp; RELAXING)</b> RESTORATIVE YOGA (STRETCHING & RELAXING)	17:00 - 18:00 <b>PASSEGGIATA NEL BOSCO E HATHA YOGA</b> WALK IN THE WOODS AND HATHA YOGA
<b>YOGA RESTORATIVA (YOGA E SUONO)</b> RESTORATIVE YOGA (YOGA AND SOUND)	<b>YOGA RESTORATIVA (YOGA E SUONO)</b> RESTORATIVE YOGA (YOGA AND SOUND)				